

Yolanda Haynes

Keynote Speaker & Executive Wellness Coach



Yolanda is a highly-rated keynote speaker with 5+ years of experience as a wellness coach and group facilitator. Yolanda works with individuals, groups, and organizations to prioritize their well-being and maximize their potential. Yolanda is also the founder and host of The Refuel for Purpose Podcast.

SIGNATURE TOPICS

- ✓ 3 B's to Restoring Balance
- ✓ Wellness and Self-care
- ✓ Managing Anxiety and Stress
- ✓ Goal Setting and Getting
- ✓ Prioritizing Mental Health in the Workplace

LET'S WORK TOGETHER!

Please feel free to contact me for any concerns or questions.

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